

2016-17
South East NH Recreational Basketball League
3rd & 4th Grade Division

GENERAL

- 1) **Official High School Basketball Rules** shall apply unless specifically noted in local league rules.

ELIGIBILITY RULES

1. NO all-star teams or "A"/"B" teams are allowed.
2. Each team must submit a roster of no less than 8 and no more than 15 players prior to the start of the season.

GAME PRELIMINARIES

1. Home Teams are responsible for setup of the gymnasium and cleanup of the gym. Please refer to you individual town facility for responsibility.
2. The home team is responsible to provide timekeeper and scorekeeper.
3. Official size 27 or 27.5 basketballs will be used.
4. Each home gym will be equipped with first aid kit with sufficient number of ice packs for home and visiting teams.
5. The home team will provide basketballs for the visiting team to warm up with before the game.

REFEREES:

The League will provide referees.

DRESS:

1. Please have all players change out of street shoes before entering the gymnasium. Make sure all shoes are clean. This preserves the gymnasium and keeps players safer.
2. All players are required to wear a uniform shirt (preferably with numbers on the front and back), basketball shorts, and sneakers.
3. No jewelry of any type will be worn.

GAME

1. Please start games promptly. A ten-minute grace period will be allowed for a regulation team to be present before a forfeit is declared. Teams must have at least five players to start a game. If five players are not present within the allotted grace period, the game is forfeited. Once a game is forfeited, the coaches can the use their scheduled facility time as they wish.
2. Games will consist of four 6 minute stopped time periods, **not running clock.**
3. Each team is allowed 4 time-outs of one minute and may be taken any time during game.
4. Free throws will be taken. 15' free throw line is utilized, but child may jump from line into paint when taking shot, but thrower can not be the 1st to touch the ball on a rebound.

5. Full court defense is ONLY allowed during the last three minutes of the fourth quarter during regulation play and anytime during the overtime period. At no time may a team apply full court defense if your team is ahead by 10 or more points. Failure to comply NO PRESS rule will cause a warning to be issued on first and second occurrence, and thereafter a technical foul will be assessed against the team.
6. There is no guarding in the back court. Defense must stay within their own 3 point line until the ball crosses half court.
7. **All half court defense is to be man to man. Referees may issue one warning then it is a technical foul for violations of the man to man rule.**
8. Each team is allowed 4 time-outs of one minute, taken any time during game. Coaches or players on the floor in possession of the ball may call time outs. During dead balls any player on the floor or coach can call time out.
9. On the fifth personal foul, the player is ejected from the game. Foul shots are only awarded while in the act of shooting. There is no accumulation of team fouls for one & one (7) or two free throw (10) situations. On foul shots all players in designated lane spaces (except shooter as discussed in rule 5)
10. If a regular season game ends in a TIE, there will be 1- overtime period timed at half the time of a quarter. If the game still is tied it will officially end as a TIE. Teams receive 1 additional time out for the overtime period.
11. A scorebook will be utilized.

MINIMUM PLAY RULE

Each player is expected to play an equal amount of time. Adherence to this rule is solely the responsibility of the head coach. Any repeated violations by a coach of the minimum play rule should be reported by an individual to the appropriate town coordinator.

FINAL GAME

The final game will be a rivalry match up. The schedule will be determined based on the season play.

CODE OF CONDUCT

1. **Head coaches are responsible for their conduct and the conduct of their players, assistant coaches, and their team's parents and fans.**
2. Profanity by players, coaches, or fans results in automatic ejection and an individual technical foul. **Any technical fouls against coaches, players and fans should be reported to town coordinator.**
3. Any player or coach ejected must sit out next game. Any fan ejected must not attend the next game. Both must immediately be reported to town coordinator.
4. This league is for the children.... keep this in mind at all times. **Coaches will not abuse the referees. Players/coaches/fans shall not make significant dramatic body language or vocally complain about a call. This will result in either a warning or a technical foul. A second warning will result in a technical and possible game disqualification. Fans will also be required to leave the facility.**

CANCELATION PROCEDURES

Game cancellations will be decided by the home team Coordinator. The Coordinator will communicate the decision to all Town Coordinators and the Head of Referees.